

C.A.S.T.
CLEAN AND SOBER
THEATRE

C.A.S.T. members are local youth whose lives have been impacted by substance abuse. Supporting roles may be filled by individuals who have been impacted and who are theatre professionals

C.A.S.T. scripts change each year based on the young people who participate. Thus, although the major concepts are the same, the show itself may be different from one year to the next.

Additional Services:

A teacher in-service program may be provided at no charge in the metro Tucson area up to one week prior to the performance

C.A.S.T. will perform for community groups or trainings

Facility Requirements:

Private, soundproof warm up space available 90 minutes before start time

Approximately 16' X 20' performance space

Minimum 1 ½ hours allotted for program

A 6-8 foot table for resource literature and information

C.A.S.T.
CLEAN AND SOBER THEATRE
funded in part by grants from:



Compass Behavioral Health Care
Administrative Offices
2475 N. Jackrabbit
Tucson, AZ 85745
(520)882-5608 – (520)882-5676 fax
www.compasshc.org

C.A.S.T.
CLEAN & SOBER THEATRE



**Theatre Based
Substance Abuse Prevention
Peer Education
Recovery Support
for Youth**



**Presented by
Compass Behavioral Health Care**
Providing quality, integrated health services to promote and sustain recovery from substance abuse and mental illness in individuals, families and the community.

C.A.S.T. CLEAN AND SOBER THEATRE

C.A.S.T. is an innovative alcohol and other drug prevention and education program that utilizes live theatre to convey the real-life experiences of local teens and young adults whose lives have been impacted by addiction.

C.A.S.T. members take the stage to reveal their personal experience of addiction and recovery in painful detail. Peer education follows the performance as C.A.S.T. members candidly address anonymous questions surrounding the consequences of alcohol and other drug use and abuse.

C.A.S.T. performance promotes individual and community awareness and opens a candid dialogue related to alcohol and other drug use and addiction. It also empowers many audience members to recognize the problem and act on their personal obligation to be a part of the solution.

C.A.S.T. values young people as the best resources for creating dynamic solutions for the problems they face today. C.A.S.T. members are proud role models that convey messages of hope and healing; and that recovery is possible.



Why you should include C.A.S.T. in your Prevention Program

- In the state of Arizona, 12% of youth between the ages of 12 and 18 are addicted to alcohol or other drugs
- Pima County has the highest rate of underage drinking in the state-53.2% of 12-18 year-olds drank alcohol in the past month.
- 9% of youth ages 12-18 are dependent on alcohol but did not receive treatment; 3% of youth in this age group are dependent on other drugs but did not receive treatment.
- For every \$1 spent on prevention, \$10 is saved in substance abuse treatment costs.
- A C.A.S.T. presentation meets the standards of the State of Arizona Department of Education for Substance Abuse curriculum

C.A.S.T. models skills needed for young people to make healthy choices...

“I’m about ready to tell everybody what only a few people know. My dad actually died from drugs and it hurts to see people laughing at that. And I’ve been messing around with that stuff too. My mom’s just kind of oblivious. She thinks because of my dad I’ll just stay away—but it doesn’t work like that. But I’m getting help—and I just want to let you know how much it hurts when you’ve been through this. And I want to thank you guys (the CAST) for motivating me to get clean.”

High School Freshman, Tucson, AZ

“I went to your last play and I was the one who felt like I was breaking inside, I just wanted to say I feel better. Thanx.”

High School Student, Tucson, AZ

C.A.S.T. a vital link to community change ...

“The show itself [along with the subsequent editorials] triggered much discussion in our community—adults and youth alike—about how to prevent future tragedies from drug and alcohol abuse.”

Community Youth Memorial Fund, Green Valley, AZ

“The shows raised awareness and emotions in our students and initiated discussions that lasted the rest of the day. We really needed this. Thanks.”

High School Principal, Tucson, AZ

**FOR MORE INFORMATION ABOUT
C.A.S.T., TO BOOK A SHOW OR REFER
A CAST MEMBER CALL:
(520) 628-3362 OR (520) 620-6615 EXT 5020
e-mail: sarnold@compasshc.org**